
ILLINOIS GASTROENTEROLOGY INSTITUTE

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RECTAL EUS PREPARATION

Do not take any aspirin products four days prior to procedure.

A. DAY BEFORE YOUR ENDOSCOPIC ULTRASOUND:

Clear liquids starting @ 5:00 pm

FOOD ALLOWED:

BEVERAGES:	Regular or Decaffeinated Tea or Coffee (Taken <u>WITHOUT</u> DAIRY PRODUCTS OR DAIRY SUBSTITUTES). Any carbonated beverages. Kool-Aid (all flavors except red) Gatorades and sport drinks (except red) Fruit Juices: Apple, Cranberry, Grape, Cranapple (red cranberry juice is okay)
DESSERTS:	Jell-O (<u>NO RED JELL-O — DO NOT ADD FRUIT, VEGETABLES OR DAIRY PRODUCTS.</u>)
MISCELLANEOUS:	Popsicles (Plain, not creamy or fruity, except red) Sugar Honey Fat Free Broth or Bouillon Sherbet (no red)

At 5:00 pm take three (3) Dulcolax tablets (available over the counter).

B. THE DAY OF YOUR ENDOSCOPIC ULTRASOUND:

One hour prior to leaving for the hospital, take one (1) Fleet enema.

Please call 672-4980 if you have any questions.