

Pre-Procedure Patient Instructions

Rectal EUS

(Endoscopic Ultrasound)

Do not take any aspirin products four days prior to procedure.

Step 1

Day before your endoscopic ultrasound:

- Limit food and drink to clear liquids only, starting at 5:00 p.m.
- Also at 5:00 p.m., take 3 Dulcolax tablets (available over the counter).

ALLOWED

Beverages:

- Regular or Decaffeinated Tea or Coffee (without dairy products or dairy substitutes)
- Carbonated beverages
- Kool-Aid (all flavors, except red)
- Gatorades and sport drinks (except red)
- Fruit Juices (Apple, Cranberry, Grape, Cranapple)

Drink a lot of these. They help the laxative to work better!

Step 2

Day of your endoscopic ultrasound:

One hour prior to leaving for the hospital, take one (1) Fleet enema.